

From Real Estate to Recipes!
OCTOBER FEATURE RECIPE

Smoky Tex-Mex Stew Courtesy of Karen Greussing

Karen is a long time friend and client of Tina's!

Ingredients:

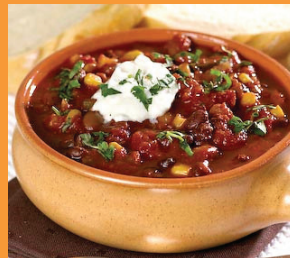
1 1/2 Lbs. Stew Meat
1 Cup each of Salsa & Barbecue Sauce
1 Packet Taco Seasoning
2 Cups frozen corn
1 (15 oz.) can each of Chick Peas &
Black Beans (Drained & Rinsed)

Directions:

Mix it all in a slow cooker.
Cook on Low for 8-10 Hrs. or
High for 4-5 Hrs.
Top with some shredded cheese
& sour cream.

Serves 6

It's a great recipe to make for
Halloween Night!



Call Tina! 414-881-8349 or Tina@RealtyExecutives.com~Your Family Realtor For Life!