

*From Real Estate to Recipes!*

## **MARCH'S FEATURE RECIPE**

### **Cabbage & Sausage**

*(Courtesy of Mercedes and Christina Ahedo who purchased their home from Tina in May 2006!)*

#### **Ingredients:**

1 package Italian Sausage  
1 Medium size cabbage shredded  
1 small onion chopped  
4 small garlic pieces chopped  
1 small green pepper chopped  
1 small red & yellow pepper chopped  
*(optional)*  
Salt and black pepper to liking  
Sprinkle of Italian seasoning  
Sprinkle of Dried Parsley  
Optional: Potatoes, carrots, celery



#### **Directions:**

Brown Italian Sausage and drain fat.

In Pan, combine all other ingredients (cabbage, onions, garlic, peppers, salt, black pepper, parsley, Italian seasoning.)

Add approximately 1 ½ cups water, the Italian sausage, and cover with lid.

Let simmer until cabbage is cooked.

Stir Often!

Enjoy!